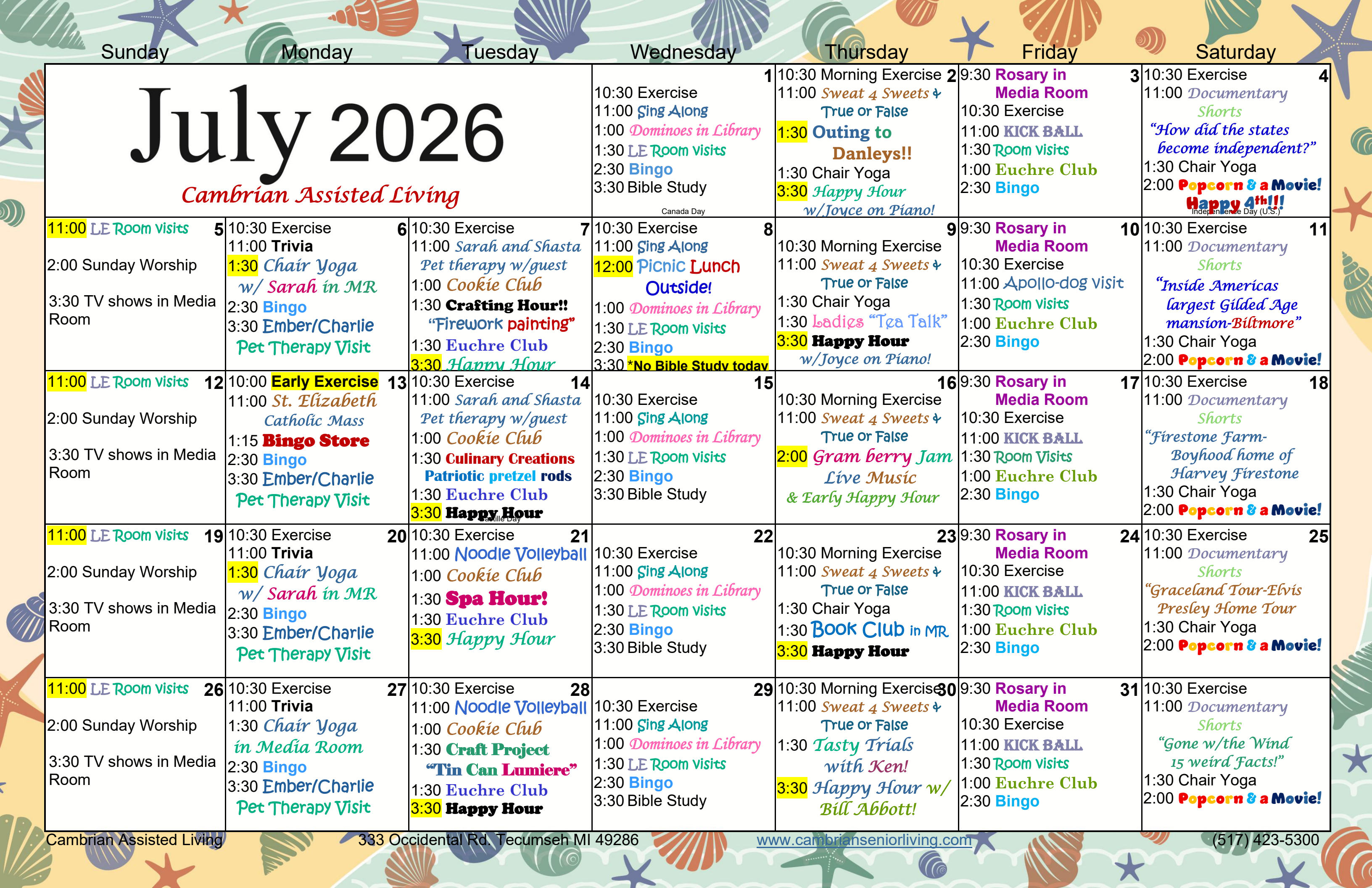




Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

July 2026

Cambrian Assisted Living

			1		2		3		4	
			10:30 Exercise 11:00 Sing Along 1:00 <i>Dominoes in Library</i> 1:30 LE Room Visits 2:30 Bingo 3:30 Bible Study		10:30 Morning Exercise 11:00 <i>Sweat 4 Sweets & True or False</i> 1:30 Outing to Danleys!! 1:30 Chair Yoga 3:30 <i>Happy Hour w/Joyce on Piano!</i>		9:30 Rosary in Media Room 10:30 Exercise 11:00 KICK BALL 1:30 Room Visits 1:00 Euchre Club 2:30 Bingo		10:30 Exercise 11:00 <i>Documentary Shorts</i> "How did the states become independent?" 1:30 Chair Yoga 2:00 Popcorn & a Movie! Independence Day (U.S.)	
			Canada Day							
5			6		7		8		9	
11:00 LE Room Visits 2:00 Sunday Worship 3:30 TV shows in Media Room			10:30 Exercise 11:00 Trivia 1:30 <i>Chair Yoga w/ Sarah in MR</i> 2:30 Bingo 3:30 Ember/Charlie Pet Therapy Visit		10:30 Exercise 11:00 <i>Sarah and Shasta Pet therapy w/guest</i> 1:00 <i>Cookie Club</i> 1:30 Crafting Hour!! "Firework painting" 1:30 Euchre Club 3:30 <i>Happy Hour</i>		10:30 Exercise 11:00 Sing Along 12:00 Picnic Lunch Outside! 1:00 <i>Dominoes in Library</i> 1:30 LE Room Visits 2:30 Bingo 3:30 *No Bible Study today		10:30 Morning Exercise 11:00 <i>Sweat 4 Sweets & True or False</i> 1:30 Chair Yoga 1:30 <i>Ladies "Tea Talk"</i> 3:30 Happy Hour w/Joyce on Piano!	
12			13		14		15		16	
11:00 LE Room Visits 2:00 Sunday Worship 3:30 TV shows in Media Room			10:00 Early Exercise 11:00 <i>St. Elizabeth Catholic Mass</i> 1:15 Bingo Store 2:30 Bingo 3:30 Ember/Charlie Pet Therapy Visit		10:30 Exercise 11:00 <i>Sarah and Shasta Pet therapy w/guest</i> 1:00 <i>Cookie Club</i> 1:30 Culinary Creations Patriotic pretzel rods 1:30 Euchre Club 3:30 Happy Hour		10:30 Exercise 11:00 Sing Along 1:00 <i>Dominoes in Library</i> 1:30 LE Room Visits 2:30 Bingo 3:30 Bible Study		10:30 Morning Exercise 11:00 <i>Sweat 4 Sweets & True or False</i> 2:00 <i>Gram berry Jam Live Music & Early Happy Hour</i>	
19			20		21		22		23	
11:00 LE Room Visits 2:00 Sunday Worship 3:30 TV shows in Media Room			10:30 Exercise 11:00 Trivia 1:30 <i>Chair Yoga w/ Sarah in MR</i> 2:30 Bingo 3:30 Ember/Charlie Pet Therapy Visit		10:30 Exercise 11:00 <i>Noodle Volleyball</i> 1:00 <i>Cookie Club</i> 1:30 Spa Hour! 1:30 Euchre Club 3:30 <i>Happy Hour</i>		10:30 Exercise 11:00 Sing Along 1:00 <i>Dominoes in Library</i> 1:30 LE Room Visits 2:30 Bingo 3:30 Bible Study		10:30 Morning Exercise 11:00 <i>Sweat 4 Sweets & True or False</i> 1:30 Chair Yoga 1:30 Book Club in MR 3:30 Happy Hour	
26			27		28		29		30	
11:00 LE Room Visits 2:00 Sunday Worship 3:30 TV shows in Media Room			10:30 Exercise 11:00 Trivia 1:30 <i>Chair Yoga in Media Room</i> 2:30 Bingo 3:30 Ember/Charlie Pet Therapy Visit		10:30 Exercise 11:00 <i>Noodle Volleyball</i> 1:00 <i>Cookie Club</i> 1:30 Craft Project "Tin Can Lumiere" 1:30 Euchre Club 3:30 Happy Hour		10:30 Exercise 11:00 Sing Along 1:00 <i>Dominoes in Library</i> 1:30 LE Room Visits 2:30 Bingo 3:30 Bible Study		10:30 Morning Exercise 11:00 <i>Sweat 4 Sweets & True or False</i> 1:30 <i>Tasty Trials with Ken!</i> 3:30 <i>Happy Hour w/Bill Abbott!</i>	
									31	
									9:30 Rosary in Media Room 10:30 Exercise 11:00 KICK BALL 1:30 Room Visits 1:00 Euchre Club 2:30 Bingo	
									10:30 Exercise 11:00 <i>Documentary Shorts</i> "Gone w/the Wind 15 weird Facts!" 1:30 Chair Yoga 2:00 Popcorn & a Movie!	